

FOR IMMEDIATE RELEASE

CONTACT: Sondra Guyton
VP for Institutional Advancement & Community Relations
910.879.5634
sguyton@bladencc.edu

Celebrate Administrative Professionals Day with a Unique “Connect and Create” Class!

Dublin, NC – Administrative Professionals Day is on April 23, 2025, and this year, show your appreciation in a creative and meaningful way by enrolling your Administrative Professional in the exciting *Connect and Create Class*! This special event offers a blend of professional development, wellness activities, and networking opportunities—all in a fun, engaging format.

The *Connect and Create Class* is designed to nurture creativity, improve workplace wellness, and foster valuable connections among Administrative Professionals. The 2-hour class will feature interactive sessions including:

- **Plants 101:** A hands-on exploration of plant care, ideal for individuals looking to enhance their workspace with a touch of greenery.
- **Fancy Lunchbox Meals:** Innovative tips and recipes to elevate brown bag lunches, making everyday meals more enjoyable and nutritious.
- **Office Yoga:** A relaxing introduction to chair yoga and gentle stretches designed to ease workplace tension and promote mental well-being.

Each participant will also receive a beautiful 10-inch Boston Fern to take home or display at their desk as a lasting reminder of this special day.

Registration and Ordering Information:

To register for the *Connect and Create Class*, bosses can sign up their Administrative Professionals online and reserve a Boston Fern, with payment via credit card. Delivery of the fern is available for the Dublin, Bladenboro, and Elizabethtown areas. Online registration also includes a convenient option to have the fern delivered directly to your office.

Alternatively, registration can be completed by calling 910-879-5526 (9 am - 4 pm), with payment by check due at the time of pick-up.

Delivery and Pick-Up Information:

Ferns will be available for pick-up on April 23, 2025, from 7 am to 12 noon at Bladen Community College, Building 6, Room 117.

This class is more than just a thank-you gift—it's an opportunity to build stronger connections, promote personal wellness, and share meaningful experiences with colleagues. Don't miss the chance to make Administrative Professionals Day 2025 truly memorable!

For additional information or inquiries, please contact:

Karen Rideout

Community Enrichment Facilitator

910.879.5630

BladenCC.edu

###END###