

# Bladen Community College

## Nursing Programs Newsletter – Fall 2024, Vol II

### Pharmacology Capsule

Furosemide/Lasix

**Classification:** Loop diuretic

**Actions:**

Prevents the body from absorbing too much salt, causing it to be passed in the urine - Increases renal excretion of water.

**Indications:**

Lasix treats fluid retention (edema) in people with congestive heart failure, liver disease, or kidney disorders such as nephrotic syndrome. Lasix is also used to treat high blood pressure (hypertension).

**Nursing**

**Considerations:**

-Assess fluid status. Monitor daily weight, intake and output, amount and location of edema, lung sounds, skin turgor and mucous membranes.

-Monitor BP and pulse before administering.

-Assess patients for tinnitus and hearing loss.

-Assess patient for skin rash frequently during therapy and discontinue at first sign of rash; maybe life threatening.

-If administering twice daily, give last dose no later than 5 pm (if possible) to minimize disruption of sleep cycle.

Dosage Cal: 3.5 mLs

### Current News from BCC's Nursing Programs

Once again, BCC Nursing Programs are full steam ahead with nursing education. Lots of activities taking place in Building 20 this fall. Enjoy a peak at what's been happening so far.

Cape Fear Valley visited BCC to see the opportunities provided to our nursing students, made possible because of their financial investment.



9/11 Memorial



SRMC visit



Ms. High prepping for the 9/11 campus walk.



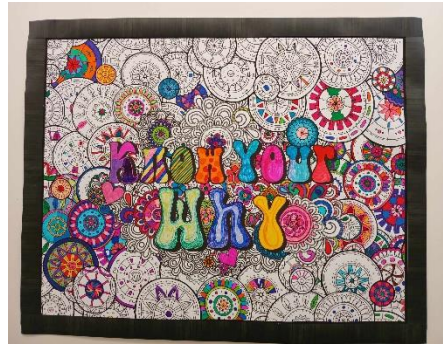
Our very own Ashley Clark, 2<sup>nd</sup> year ADN chosen for the Great 100 Nurses of North Carolina Scholarship

**Congratulations Ashley!**  
**#BCC Proud!**

*Live life when you have it. Life is a splendid gift ~  
There is nothing small about it.*

*~ Florence Nightingale*

This 'mental health break' station continues this year with a new work of art in progress. Stay tuned for the finished product.



## Attention! Attention!

It's time for our Paramedics and LPNs to begin applying for the LPN to RN transition program and the Paramedic to RN transition program. The deadline to apply is November 15, 2024.

LPN-RN Transition program - Here's what you need to know:

<https://bladencc.edu/wp-content/uploads/2024/07/Admission-Criteria-2024-2025-LPN-to-RN-Transition-revised-11.28.2023.pdf>

Paramedic -RN Transition program – Here's what you need to know:

<https://bladencc.edu/wp-content/uploads/2024/07/Admission-Criteria-2024-2025-Paramedic-to-RN-Transition-revised-11.28.2023.pdf>

It's also time to begin applying for the traditional PN and ADN programs. The deadline to apply is March 3, 2025.

Traditional PN and ADN programs – Here's what you need to know:

<https://bladencc.edu/wp-content/uploads/2024/07/Admission-Criteria-2024-2025-Traditional-PN-ADN-revised-4.4.2024.pdf>

## Around the campus:

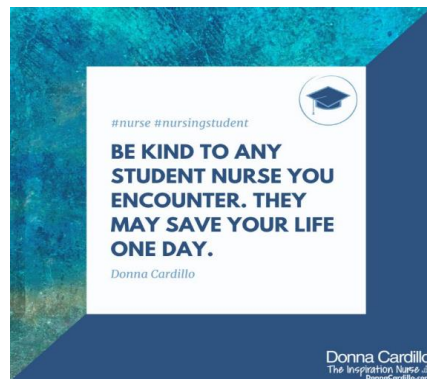
- November 11 - Veterans Day Holiday - No Classes
- November 28 & 29 – Thanksgiving - No Classes
- December 8 - 14 Final Exams



## Practice Makes Progress!




The provider has ordered mixturezole difakate 245 mg STAT.  
How many mLs will you administer?



Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 37 million Americans, including adults and youth. Diabetes can damage the eyes, kidneys, nerves, and heart, and it is linked to some types of cancer.



### Prevention for Type 2 Diabetes



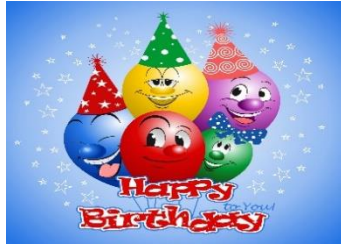
- Maintain a healthy weight
- 150 minutes of moderate-intensity exercise weekly
- Eat fiber-rich vegetables and fruits
- Consume complex carbs and avoid refined carbs
- Choose lean proteins
- Opt for healthy fats

Practice your assessment skills. There are six differences. Can you find them?



Due to recent events in Western North Carolina, the Nursing Department is suspending its Holiday Food Drive. Instead, please support the campus-wide Hurricane Helene Relief Effort. **All items donated must be unopened, and new.** Please choose items from the following list: Trash bags – 13 gallon or contractor bags, water, sports drinks (powder packets or liquid), non-perishable food (prefer ‘pop-top’ lids), plastic utensils, manual can openers, baby supplies, baby formula, rubber boots, work gloves, socks (all sizes), sanitizer/wipes, paper towels, toiletries, flash lights batteries, tools and tool kits, bug spray and sunscreen. Items may be dropped off at Building 11 from now until Oct. 19, M-F (3-6 p.m.) and Saturday (8:00 a.m.-noon) until October 26. Students may also drop off items in Building 20, room 102, during the day.

**THANK YOU!!**



*Happy Birthday to you...happy birthday to you...happy birthday, to each of you...  
Happy Birthday to YOU!!*



### October Birthdays!

Kegan Soles – 7<sup>th</sup>  
Ashely Clark – 9<sup>th</sup>  
Jakiria Woodson – 9<sup>th</sup>  
Matthew King – 14<sup>th</sup>  
Brionna Wright – 30<sup>th</sup>  
Aaron Edwards – 31<sup>st</sup>

### November Birthdays!

Shalia Freeman – 1<sup>st</sup>  
Sarah Pait – 2<sup>nd</sup>  
Dontavia Worley – 3<sup>rd</sup>  
April Hayes – 4<sup>th</sup>  
Elizabeth Barden – 5<sup>th</sup>  
Tedalie Locklear – 6<sup>th</sup>  
Tyra Jones – 10<sup>th</sup>  
Kyla Lowry – 13<sup>th</sup>  
Jon Smith - 22<sup>nd</sup>  
Arneisha Weary – 27<sup>th</sup>

### December Birthdays!

Toni Tuttle – 2<sup>nd</sup>  
Denetia McRae – 13<sup>th</sup>  
Ashley Jones – 18<sup>th</sup>  
Dara Locklear – 19<sup>th</sup>  
Kaytline Wilt – 26<sup>th</sup>  
Brigette Munoz-Elizalde -27<sup>th</sup>  
Chrysta Johnson – 27<sup>th</sup>  
Jasmine Sydnor – 27<sup>th</sup>  
Savannah Patrick – 27<sup>th</sup>  
Zachary Johnson – 28<sup>th</sup>  
Marissa Gonzalez – 30<sup>th</sup>



Nursing  
Funny

